

"Lie #4"

So now the question becomes:

Why, after all this, am I still not being transformed?

Lie #4: Secrets should remain secret

What are the secrets we are talking about?

Hidden sins
Destructive addictions
Shameful experiences

Why must these secrets be exposed?

They are like numbing callouses: so we cannot feel
They are like painful injuries: so we cannot function
They are like deadly cancers: so we cannot live

What does confession require?

Conduct an honest inventory: Look at everything
Admit the brutal truth: Hold back nothing
Request merciful forgiveness: Make no excuses
Submit to being accountable: Be completely known

To whom should confession be made?

To myself: Truth
To God: Forgiveness
To Someone I Can Trust: Cleansing

Why is confession to another person needed?

To be known
To be loved
To be accountable

What is required of confession? Someone who will....

Love you unconditionally: Acceptance
Protect you faithfully: Confidence
Stand by you persistently: Support

What secrets in my life need to be confessed?

James 5:15-16

15 And the prayer offered in faith will make the sick person well; the Lord will raise him up. If he has sinned, he will be forgiven. 16 Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective.

1 John 1:8-2:2

8 If we claim to be without sin, we deceive ourselves and the truth is not in us. 9 If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. 10 If we claim we have not sinned, we make him out to be a liar and his word has no place in our lives.

Psalm 32:1-5

Blessed is he whose transgressions are forgiven, whose sins are covered. 2 Blessed is the man whose sin the LORD does not count against him and in whose spirit is no deceit. 3 When I kept silent, my bones wasted away through my groaning all day long. 4 For day and night your hand was heavy upon me; my strength was sapped as in the heat of summer. Selah 5 Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the LORD" — and you forgave the guilt of my sin.

Ephesians 5:8-14

8 For you were once darkness, but now you are light in the Lord. Live as children of light 9 (for the fruit of the light consists in all goodness, righteousness and truth) 10 and find out what pleases the Lord. 11 Have nothing to do with the fruitless deeds of darkness, but rather expose them. 12 For it is shameful even to mention what the disobedient do in secret. 13 But everything exposed by the light becomes visible, 14 for it is light that makes everything visible. This is why it is said: "Wake up, O sleeper, rise from the dead, and Christ will shine on you."

Life's 8 Great Lies

Lie #1: I'm not that bad

Truth: Realize I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.

Lie #2: God doesn't care

Truth: Earnestly believe that God exists, that I matter to Him, and that He has the power to help me be transformed.

Lie #3: I must maintain control

Truth: Consciously choose to commit all my life and will to Christ's care and sovereignty.

Lie #4: _____

Truth: Openly examine and confess my faults to myself, to God, and to someone I trust.

Lie #5:

Truth:

Lie #6:

Truth:

Lie #7:

Truth:

Lie #8:

Truth:



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James 5:15-16

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Pastor Philip C. Rogers

Middletown
Church of the Nazarene
Middletown, Indiana

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