

# "Keeping a Holy Day"

## Problems for a Holy Day

Confusing definitions:	What day?
Legalistic attitudes:	Old rules
Encroaching secularism:	Modern values
Increasing busyness:	Full calendars

## Principles for a Holy Day

A pious example:	God rested
A plain command:	Remember the Sabbath
A promised blessing:	Joy in the Lord
A precious gift:	Made for man

## Practices for a Holy Day

Keep it separate:	Rest from labor
Make it pure:	Avoid the profane
Give it to God:	Prioritize worship

## What do I need to do to have a truly holy day?

### Genesis 2:2-3

By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. 3 And God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.

### Exodus 20:8-10

8 "Remember the Sabbath day by keeping it holy. 9 Six days you shall labor and do all your work, 10 but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your animals, nor the alien within your gates.

### Isaiah 58:13-14

13 "If you keep your feet from breaking the Sabbath and from doing as you please on my holy day, if you call the Sabbath a delight and the LORD's holy day honorable, and if you honor it by not going your own way and not doing as you please or speaking idle words, 14 then you will find your joy in the LORD, and I will cause you to ride on the heights of the land and to feast on the inheritance of your father Jacob." The mouth of the LORD has spoken.

### Mark 2:23-28

23 One Sabbath Jesus was going through the grainfields, and as his disciples walked along, they began to pick some heads of grain. 24 The Pharisees said to him, "Look, why are they doing what is unlawful on the Sabbath?"

25 He answered, "Have you never read what David did when he and his companions were hungry and in need? 26 In the days of Abiathar the high priest, he entered the house of God and ate the consecrated bread, which is lawful only for priests to eat. And he also gave some to his companions."

27 Then he said to them, "The Sabbath was made for man, not man for the Sabbath. 28 So the Son of Man is Lord even of the Sabbath." NIV

### Nazarene Manual Statement (page 39)

By avoiding evil of every kind, including:  
(2) Profaning of the Lord's Day by participation in unnecessary secular activities, thereby indulging in practices that deny its sanctity (Exodus 20:8-11; Isaiah 58:13-14; Mark 2:27-28; Acts 20:7; Revelation 1:10).

# Sermon Notes

## ***"You Asked for It" Series***

September 18	"Safe in the Arms of God"	
September 25	"Jesus Loves the Little Children"	
October 2	"When Discouragement Takes Over"	
October 9	"Christian Families in a Secular World"	
October 16	"Keeping a Holy Day"	
October 23	"A Woman's Place in the Church"	
October 30	"Israel and the People of God"	
November 6	Revelation #1	Guarding God's Truth
November 13	Revelation #2	Facing God's Wrath
November 20	Revelation #3	Knowing God's Plan

**October 16, 2011**

***Isaiah 58:13-14***

***"Keeping a Holy Day"***

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